Asthma Education School Nurse Curriculum

North Carolina Asthma Summit
2013
Asthma In the Media

http://www.youtube.com/watch?v=AcuPQlOMnw&feature=endscreen&NR=1&list=PLZzumfhr7jpPjdvFsc7V1FvxxkcU3UZb
Burden of asthma

• 2008-2009 Asthma leading chronic health condition
• Elementary and Middle school students comprised majority of students with asthma
What is the curriculum?

• 5 modules
• How to use informational sheets
• Resource List
• Handout Section
• Train the trainer 3 ½ hours
• CEUs for attendance
Adult Learning

• Standardized method
• Learning styles
• Cooperative Learning
• Assessment / Evaluation
• Technical Assistance from NC Asthma Program
What is Asthma

• A chronic lung condition
• When Asthma is present, the lungs show 3 key changes...
  – 1.
  – 2.
  – 3.
Triggers
Sign and Symptoms

- Coughing
- Wheezing
- Chest tightness
Asthma Attack

• Warning Signs
• Late Warning Signs
• Asthma Action Plan
Treatment

• Asthma Action Plan****
• Peak Flow
• Non Pharmacological Treatment
• Controller Medicines
• Rescue Medicines
• Nebulizer
• American Lung Association
  – How to videos
Asthma in Schools

• Carry Law
• Team approach
  – Secretary
  – Coach
  – Bus Drivers
  – Janitorial Staff
  – Nutritional Staff
NC Asthma Program

Resources

Technical Assistance
Denisha Little-Greene
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How to get curriculum into your school?

- Schedule date/time/location of training
- Attendance requirement a minimum of 10 participants
- Wake AHEC registration fee of 15.00 per participant for training
• http://www.youtube.com/watch?v=3eUOjSTZMIE